



Talk To A Doctor Anytime

Pequot Health Care gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone, video or mobile app visits. It's an affordable alternative to costly urgent care and ER visits when you need care now.



Meet Our Doctors

Pequot Health Care is simply a new way to access qualified doctors. All our doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards



Get The Care You Need

Pequot Health Care doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Sinus problems
- Ear infection
- Urinary tract infection
- Respiratory infection
- Skin problems
- And more!



When Can I Use It?

Pequot Health Care does not replace your primary physician; it is a convenient and affordable option for quality care:

- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short term prescription refills

Getting Started Is Easy!

1.

Scan the QR code to download the 'Benefits Navigator' app



2.

Register your primary account (last name, DOB and zip)



3.

Complete your set-up, add dependents and get the care you need!

