

Skeehchooash

Pequot for Grasses, Herbs, Medicines

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

January 2019



January is

CERVICAL CANCER

Awareness Month



Facts about cervical cancer:

- All women are at risk
- Occurs most in women over age 30
- 12,000 women get cervical cancer in the U.S. yearly
- Most cervical cancers are caused by human papillomavirus (HPV)
- When detected early, cervical cancer is highly treatable

How Can you prevent cervical cancer?

- See your doctor for a Pap test
- If your Pap test is abnormal, FOLLOW-UP with your doctor
- Get the **HPV vaccine**- it can be given to boys and girls ages 11-26 years
- Don't smoke
- Use condoms during sex
- Limit your number of sexual partners



The pap test is one of the most reliable and effective cancer screening tests available. When should women get tested for cervical cancer?

- Start getting **Pap** tests at age 21-If normal results, you will need one every 3 years (or as recommended by your doctor)
- The **HPV** test can be used to screen (with a Pap test) for women age 30 years and older
- If you are age 65 and older and have had several normal Pap tests, your doctor may say you don't need a Pap test
- If you have had a partial or total hysterectomy due to non-cancerous reasons, you may not need a Pap test

<https://www.cdc.gov/cancer/dcpc/resources/features/cervicalcancer/index.htm>

<http://www.nccc-online.org/>



PEQUOT
PHARMACEUTICAL
NETWORK

PEQUOT
PLUS
Health Benefit Services

PRxN®
Customer Service
1-800-342-5779

PRxN® PBM
Customer Service
1-888-779-6638

Doctors' Line
1-888-779-6362

Doctors' FAX Line
1-800-779-6329

Website
www.prxn.com

E-Mail
pharmacy@mpntn.org

PEQUOT
HEALTH CARE

Pequot Health Care
1 Annie George Drive
Mashantucket,
CT 06338



Mashantucket Pequot
Tribal Nation

At Pequot Health Care, we are dedicated to maintaining your good health!