Skeehchooash

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

October 2019

October is Breast Cancel Awareness Month



In 2016, there were approximately 245,000 new cases of **breast** cancer in females. Over 41,000 women died of breast cancer in the United States.

A person may or may not experience any **symptoms** if they have breast cancer. Some symptoms may include:

- Breast pain
- A lump in the breast or underarm
- Irritation or dimpling of the breast
- Redness or flaky skin of the nipple or breast
- Change in size or shape of the breast
- Discharge of the nipple (other than milk)





PRxN[®]
Customer Service
1-800-342-5779

PHARMACEUTICAL

NETWORK

PEOUOT

Health Benefit Services

PRxN® PBM Customer Service 1-888-779-6638

Doctors' Line **1-888-779-6362**

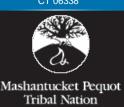
Doctors' FAX Line 1-800-779-6329

Website www.prxn.com

E-Mail pharmacy@mptn.org



Pequot Health Care
1 Annie George Drive
Mashantucket,



What are your risk factors?

- Risk increases with age
- Inherited gene mutations
- Having dense breasts
- Previous radiation therapy
- Sedentary lifestyle
- Being overweight
- Taking hormone therapy
- Drinking alcohol
- Reproductive history (first pregnancy > 30 years old)

Get screened!

Talk to your doctor about having a mammogram done. A mammogram can help detect breast cancer sometimes up to three years before it can be felt.



shutterstock.com • 73141388

https://gis.cdc.gov/Cancer/USCS/DataViz.html,https://www.cdc.gov/cancer/breast/
At Pequot Health Care, we are dedicated to maintaining your good health!