

# Skeehchooash

*Pequot for Grasses, Herbs, Medicines*

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

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**CANDY AND TREATS:** Parents worry about treats that were tampered with, but this is a very rare event. There are steps to ease the concern:

- Before your Halloween celebration, give your children a good meal. They will be less likely to gobble the candy before you have a chance to check it.
- Go with your children when they collect their treats.
- Accept home baked goods only from people you know and trust.
- Inspect the treats yourself before letting children help themselves. Look for wrappers that are torn, punctured or discolored. Inspect the candy inside to be sure that it is intact.
- There is no need to have candy x-rayed. X-rays won't show you anything different from what you can see on your own. (Also, it's not a good idea to put more cars on the same dark streets as trick-or-treaters!)

**GLOW STICKS:** Whether you are walking with friends to homes in your neighborhood, or heading to the community party with family, many children will be carrying those fluorescent green items that give off light. Although glow sticks and glow jewelry are now available all year round, lots of young ones are exposed to the liquid inside them around Halloween. Children sometimes bite a glow stick or glow jewelry. The liquid squirts into the child's mouth – and it tastes awful. Even so, it will not poison a child. Rinse the bitter taste away by having your child rinse her mouth with water. Glow liquid in the eyes can burn but usually doesn't cause injury. If glow liquid gets into the eyes, rinse the eyes with running water for fifteen minutes. Then call Poison Control at 1-800-222-1222 for more instructions.

## **THIS REALLY HAPPENED**

A 6-year-old girl was playing with a glow stick. It broke and some of the fluid splashed into her eye. She complained that her eyes burned. Her father called Poison Control. The poison specialist told the father how to flush his daughter's eyes with running water. When the poison specialist called back later, the child's eyes were no longer bothering her.

Source; <https://www.poison.org/articles/halloween-tricks-treats-and-glow-sticks>



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