# Skeehchooash

Pequot for Grasses, Herbs, Medicine

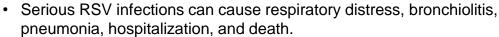
PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

December 2023

## **RSV**

#### What is RSV?

- Respiratory syncytial virus (RSV) typically causes mild, self-limiting (one to two weeks) cold-like symptoms.
  - distress bronchiolitis



· The typical season for RSV is from fall through late winter

#### Who is at risk of severe RSV disease?

- · Infants and children less than two years.
- Up to 40% of first RSV infections in children under one year result in bronchiolitis.
- RSV is a leading cause of hospitalization of infants in the US.
- Children with lung disease (e.g., congenital airway anomalies, chronic lung disease of prematurity, cystic fibrosis), congenital heart disease, neuromuscular disorders, Down syndrome, immunosuppressive disorders, and some infants in remote communities
- Older adults and patients with chronic lung disease, heart disease, or immunosuppressive disorders.

### How can RSV be prevented?

- RSV is transmitted via respiratory droplets (inhaled and from contact with contaminated surfaces).
- · Prevent transmission of RSV (and other respiratory illnesses) by:
  - · coughing or sneezing into a tissue or your shirt sleeve/elbow
  - washing hands with soap and water for at least 20 seconds.
  - avoiding close contact with people when you feel ill cleaning frequently touched surfaces
- Monoclonal antibody formulations are available to prevent RSV in infants and young children
  - · Provide passive immunization.
  - Protection wanes over time.
  - · Must be administered in a clinic or hospital.
- RSV vaccines are available for pregnant patients and adults over 60 years
- Infants can be protected with either maternal immunization OR monoclonal antibodies. Most infants do not need both.



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PRxN® Customer Service 1-800-342-5779

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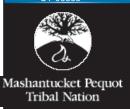
Doctors' FAX Line 1-888-779-6329

Website www.prxn.com

E-Mail pharmacy@mptn.org



Pequot Health Care
1 Annie George Drive
Mashantucket,



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