

Skeehchoosh

Pequot for Grasses, Herbs, Medicines

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PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

Shingles: What You Need To Know

Shingles Symptoms

Shingles is identifiable by the way it looks and feels on the body. Early signs of shingles may include:

Itching,

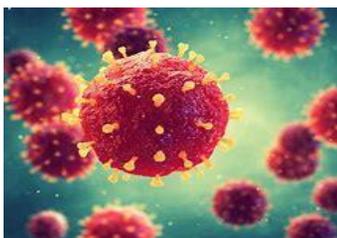
Burning,

And tingling with pain in the area where the rash will develop.

You could feel this several days before the rash appears. The painful, blistering rash usually erupts in a single stripe on either the left or right side of the face or body, along a nerve path. It could develop on the torso, arms, thighs, or head (including the ears or eyes). The most common places are the chest and abdomen. People describe the pain as aching, burning, stabbing, or shock-like.



Shingles is caused by the same virus that causes chickenpox, also known as the varicella zoster virus. After a person has chickenpox, the virus stays in their body and becomes inactive. Years later, the virus can reactivate, causing shingles (also known as herpes zoster).



You cannot get shingles from someone who has shingles. However, a person with active shingles can spread the virus to someone who has never had chickenpox—or who never received the chickenpox vaccine (if they come into contact with the fluid of a shingles blister). Once the shingles blisters have developed crusts, the virus can no longer spread.

The Vaccine



WHAT IS SHINGRIX?

SHINGRIX is a vaccine given as a 2-dose series. In clinical trials it was proven to be more than 90% effective in preventing shingles in adults 50 years and older.

SHINGRIX is given as a 2-dose series, with the second shot administered 2 to 6 months after the first shot. To get the protection against shingles offered by SHINGRIX, it's important to get both shots.

Information provided by GSK

At Pequot Health Care, we are dedicated to maintaining your good health!

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