



Skeehchoosh

Pequot for Grasses, Herbs, Medicines

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

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Lifesaving Naloxone

- Naloxone is a life-saving medication that can reverse an overdose from opioids—including fentanyl, heroin, and prescription opioid medications—when given in time.
- Naloxone is easy to use and small to carry.
- There are two forms of naloxone that anyone can use without medical training or authorization: prefilled nasal spray and injectable.
- The decision on which form of naloxone to use or carry can depend on many factors such as cost, availability, and comfort level. Both are safe, effective, and can help save a life.
- Naloxone quickly reverses an overdose by blocking the effects of opioids.
- It can restore normal breathing within 2 to 3 minutes in a person whose breath has slowed, or even stopped, as a result of opioid overdose.
- More than one dose of naloxone may be required when stronger opioids like fentanyl are involved.
- Naloxone won't harm someone if they're overdosing on drugs other than opioids, so it's always best to use it if you think someone is overdosing.
- If you give someone naloxone, stay with them until emergency help arrives or for at least four hours to make sure their breathing returns to normal.
- Anyone can carry naloxone, give it to someone experiencing an overdose, and potentially save a life.
- If you or someone you know is at increased risk for opioid overdose, you should carry naloxone and keep it at home.
- People who are taking high-dose opioid medications prescribed by a doctor, people who use opioids and benzodiazepines together, and people who use illegal opioids like heroin or fentanyl should all carry naloxone.
- Because you can't use naloxone on yourself, let others know you have it in case you experience an opioid overdose.
- Carrying naloxone is no different than carrying an EpiPen for someone with allergies. It simply provides an extra layer of protection for those at a higher risk for overdose.
- Naloxone is available in all 50 states over the counter. If you have been prescribed high-dose opioids, talk to your doctor about co-prescribing naloxone.



https://www.cdc.gov/stop-overdose/caring/naloxone.html?CDC_AAref_Val=https://www.cdc.gov/stopoverdose/naloxone/

At Pequot Health Care, we are dedicated to maintaining your good health!

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