# Skeehchooash

Pequot for Grasses, Herbs, Medicines

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER





### Pneumococcal Disease:

Is an infection caused by bacteria that is spread by close contact from person to person

#### The major types of pneumococcal disease include:

- Pneumonia (infection in the lung)
- Bacteremia (infection in the blood)
- Meningitis (infection in the covering of brain and spinal cord)
- Ear infection
- Sinus infection

#### Did you know?

- In the United States about one million adults get pneumococcal pneumonia each year and 5-7% are fatal.
- 18,000 adults in the U.S. age 65 and older will die each year from pneumococcal disease.

#### Who is at risk for Pneumococcal disease?

- Adults 65 years and older
- Patients 19-64 who have the following risks:
  - Cigarette smokers
  - Patients who have no spleen
  - Conditions that affect the immune system (cancer, kidney disease, long-term steroid use)
  - Patients taking drugs that suppress their immune system
  - · Cochlear implants or cerebrospinal fluid leaks

#### What can you do to prevent Pneumococcal Disease?

#### **GET VACCINATED!!**

## There are 2 types of Pneumococcal Vaccine. Which one should you get?

- The pneumococcal conjugate vaccine (**PCV13**) is given to children<2 and adults 65 and older and to younger patients with a weakened immune system
- The pneumococcal polysaccharide vaccine (PPSV23)is given to children and adults 19-64 with high-risk conditions and to adults 65 years and older

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At Pequot Health Care, we are dedicated to maintaining your good health!



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