



Pequot Health Care Steps Program*

Updated July 2021

*Enrollment in Steps program varies on health plan sponsor. Member benefits and client contract will prevail. If you have questions or need further assistance after consulting this table, call our Pharmacy Benefits number or the number on the back of your insurance card. Providers call 888-779-6638 for Authorization Form.

Program effective 1-2014; Updated 9-2015, 10-2015, 1-2016, 3-2016, 10-2016, 01-2017, 04-2017, 7-2017, 02-2018, 04-2018, 05-2018, 08-2018, 11-2018, 4-2019, 6-2019, 9-2019, 12-2019, 4-2020, 6-2020, 10-2020, 1-2021, 7-2021

THERAPEUTIC CATEGORY	DRUGS INCLUDED IN PROGRAM (TARGET DRUGS)	PREREQUISITE DRUGS
ALLERGY		
Antihistamine	Clarinet, Clarinet-D, Semprex, Xyzal	Previous use of one of the following generics either alone or as a component of a combination product: fexofenadine, levocetirizine, loratadine or cetirizine
Eye Drops	Acular and Acular LS (brand), Acuvail, Alocril, Alomide, Bepreve, Cromlon (brand), Elestat (brand), Emadine, Lastacraft, Optivar (brand), Patanol (brand), Pazeo (brand and generic 0.7%), Pataday (brand and generic 0.2%), Zerviate (brand)	azelastine, cromolyn sodium, epinastine, ketotifen (rx-only), ketorolac 0.4% and 0.5%, olopatadine 0.1%
Allergy Reaction	AuviQ	EpiPen
Inhaled Nasal Steroids	Beconase AQ, Dymista, Flunisolide, Nasonex, Omnaris, Qnasl, Rhinocort Aqua, Xhance, Zetonna	Previous use of the following generic: fluticasone nasal inhaler
ANTI-INFECTIVE		
Tetracyclines	Adoxa, Avidoxy, Doxyxline Hyclate ER 80mg tabs, Doryx, Monodox, Oracea, Oraxyl, Periostat, Vibra-Tabs, Vibramycin, Seysara	Previous use of generic tablet or capsules of one of the following: doxycycline monohydrate or doxycycline hyclate
	Dynacin, Minocin, Minocin Kit, Minocin PAC, minocycline ER, Solodyn, Ximino, Minolira, Seysara	Previous use of generic minocycline immediate-release capsules or tablets
Solosec	Solosec	metronidazole tablets, tinidazole tablets, metronidazole/vandazole 0.75% vaginal gel
CARDIOVASCULAR		
Beta Blockers	Betapace and Betapace AF (brand), Bystolic, Coreg and Coreg CR (brand), Corgard (brand), Inderal LA and XL (brand), Innopran XL, Kaspargo, Lopressor (brand), Tenormin (brand), Toprol XL (brand)	previous use of two of the following agents: acebutolol, atenolol, betaxolol, bisprolol, carvedilol, carvedilol ER, labetolol, metoprolol tartrate, metoprolol succinate, nadolol, pindolol, propranolol, propranolol ER, sotolol, sotolol AF, timolol tablets
Hypertension	Avalide/Avapro (Brands), Atacand/Atacand HCT (Brands), Azor (brand & generic), Benicar/Benicar HCT (brand & generic), Byvalson (brand), Edarbi/Edarbyclor (brands), Diovan/Diovan HCT (brands), Exforge/Exforge HCT (brand & generic), Micardis/Micardis HCT (brands), Tekturna/Tekturna HCT (brand & generic), Teveten/Teveten HCT (brands), Tribenzor (brand & generic), Twynsta (brand & generic)	Previous use of at least one of the following: Candesartan, candesartan/hctz, eprosartan, eprostartan/hctz, irbesartan, irbesartan/hctz, losartan, losartan HCT, telmisartan, telmisartan/hctz, valsartan, valsartan/hctz
	Conjupri	amlodipine tablets
	Prestalia	Previous use of generic amlodipine PLUS at least one generic ACE-inhibitor OR ARB; may use one combination ACE-inhibitor or ARB product containing amlodipine

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Heart Failure	Entresto	Previous use of the generic or brand name at least one of the following products or combinations thereof: amlodipine/valsartan, amolodipine/valsartan/hctz, amlodipine/benzapril, benazepril, benazepril HCT, candesartan, candesartan/hctz, captopril, captopril HCT, enalapril, enalapril HCT, eprosartan, fosinopril, fosinopril HCT, lisinopril, lisinopril HCT, irbesartan, irbesartan/hctz, lisinopril, losartan, losartan HCT, moexipril, moexipril HCT, perindopril, quinapril, quinapril HCT, ramipril, telmisartan, telmisartan/hctz, trandolapril, valsartan, valsartan/hctz, Diovan/Diovan HCT, Exforge/Exforge HCT, Micardis/Micardis HCT, Azor, Benicar/Benicar HCT, Tribenzor, Tekturna/Tekturna HCT, Avalide/Avapro, Atacand/Atacand HCT, Amturnide, Twynsta, Teveten/Teveten HCT
CARDIOVASCULAR(cont)		
Lipid Management	Advicor, Altoprev, Crestor, Ezallor Sprinkles, Lescol, Lescol XL, Lipitor, Liptruzet, Livalo, Mevacor, Pravachol, Simcor, Vytorin, Zocor	Previous use of one of the following generics: atorvastatin, fluvastatin, lovastatin, pravastatin, simvastatin, rosuvastatin
	Antara, Fenoglide, Fibricor, Lipofen, Lofibra, Lopid, Tricor, Triglide, Trilipix	Previous use of one of the following generics: gemfibrozil, fenofibrate, fenofibrate micronized, fenofibric acid
	Zetia	Concurrent use of any of the following: Lovastatin, pravastatin, simvastatin, Advicor, Altoprev, Crestor, Lipitor, Mevacor, Pravachol, Simcor, Vytorin, Zocor, fenofibrate, Antara, Fenofibric Acid, Fenoglide, Fibricor, Lipofen, Lofibra, Lopid, Tricor, Triglide, Trilipix
CENTRAL NERVOUS SYSTEM		
Anti-seizure	Xcopri	Carbamazepine, gabapentin, lamotrigine, levetiracetam, oxcarbazepine, phenobarbital, phenytoin, pregabalin, tiagabine, topiramate, valproic acid, zonisamide
ADHD	Brand names: Adderall, Adderall XR, Adhansia XR, Concerta, Daytrana, Focalin XR, Intuniv, Kapvay, Metadate CD, Metadate ER, Mydayis, Ritalin, Ritalin LA, Ritalin SR, Strattera, Vyvanse, Zendedi	Previous use of any of the following generics: amphetamine/Dextroamphetamine SR, Dexmethylphenidate tablet and SR capsules, methylphenidate CR capsules, methylphenidate SA capsules, methylphenidate SA tablets, guanfacine IR tablets, clonidine IR tablets, clonidine ER, guanfacine ER tablet, methylphenidate IR tablet, methylphenidate IR syrup, amphetamine salts IR, dextroamphetamine IR, dextroamphetamine ER, atomoxetine
Dementia	Namzaric	Donepezil, memantine
Depression	Aplenzin, Celexa, Fetzima, Fluoxetine 60mg, Forfivo XL, Luvox CR, Maprotiline, Oleptro, Pexeva, Pristiq, Trintellix, Venlafaxine ER tabs, Viibryd	Previous use of any of the following: bupropion, citalopram, duloxetine, desvenlafaxine ER, escitalopram, fluoxetine, fluvoxamine, mirtazapine, paroxetine, paroxetine extended-release, sertraline, venlafaxine, venlafaxine ER capsule or trazodone
Fibromyalgia	Cymbalta, Drizalma	Previous use of duloxetine
	Lyrica, Lyrica CR	Previous use of any of the following generics: amitriptyline, cyclobenzaprine, desipramine, duloxetine, imipramine, gabapentin, nortriptyline, tramadol, or anticonvulsants
	Savella	Previous use of any of the following generics: amitriptyline, cyclobenzaprine, desipramine, duloxetine, imipramine, gabapentin, nortriptyline, tramadol, or anticonvulsants and Lyrica or Lyrica CR
Gabapentin ER	Gralise, Horizant	Previous use of gabapentin
Insomnia	Brand names: Belsonra, Edluar, Intermezzo, Lunesta Rozerem, Silenor Sonata, Zolpimist, Dayvigo	Previous use of any of the following generics: eszopiclone, zaleplon, zolpidem, zolpidem ER

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Atypical Antipsychotics	Adasuve, Fanapt, Latuda, Rexulti, Saphris, Secuado, Vraylar, Abilify (BRAND), Zyprexa (BRAND), Invega (BRAND), Seroquel (BRAND), Seroquel XR (BRAND), Risperdal (BRAND), Geodon (BRAND), Clozaril (BRAND), Caplyta	Previous use of any of the following: aripiprazole, clozapine, haloperidol, loxapine, olanzapine, paliperidone, quetiapine, quetiapine xr, risperidone, ziprasidone
GASTROINTESTINAL		
Ulcer/GERD	Aciphex, Dexilant, Nexium, Prevacid, Prilosec, Protonix	esomeprazole, lansoprazole, pantoprazole, omeprazole NP status [OTC], omeprazole products, omeprazole and sodium bicarbonate
Ortikos	Ortikos	budesonide DR capsule
Ulcerative Colitis	Uceris	oral prednisone AND one of the following: lialda, apriso, pentasa, sulfasalazine, balsalazide, mesalamine tabs, mesalamine rectal suspension, canasa
GLAUCOMA		
Ophthalmic Prostaglandins	Lumigan, Rescula, Travatan Z, Vyzulta, Xalatan (brand only), Zioptan, Xelpros, Rocklatan	latanoprost 0.005%, bimatoprost 0.03%
GENITOURINARY		
Benign Prostatic Hypertrophy	Avodart (Brand), Jalyn, Proscar	Previous use of finasteride or dutasteride
Over-active Bladder	Detrol and Detrol LA (brand), Ditropan and Ditropan XL (brand), Enablex, Gelnique, Gemtesa, Myrbetriq, Oxytrol, Sanctura and Sanctura XR (brand), Toviaz, Vesicare (brand and generic)	oxybutynin, oxybutynin ER, Trospium, Trospium ER, tolterodine, tolterodine ER
Erectile Dysfunction	Viagra (brand), Cialis 10mg and 20mg only (brand & generic), Levitra (brand & generic), Stendra, Staxyn	Previous use of Sildenafil 25mg, 50mg or 100mg
GOUT		
Gout	Uloric, Duzallo	allopurinol
	Zurampic	concurrent use of any of the following products: allopurinol or Uloric
HORMONES, DIABETES, RELATED		
Diabetes	Actos, ActoPlus Met, ActoPlus Met XR, Duetact	Current or previous use of any of the following products or combinations thereof: Metformin, glipizide
	Avandia, Avandamet, Avandaryl	Current or previous use of any of the following products or combinations thereof: Metformin, glipizide
	Biguanides (brand name): Glucophage, Glucophage XR, Fortamet ER	Previous use of metformin extended-release
	DPP-4 inhibitors: Januvia, Janumet, Janumet XR, Jentadueto, Jentadueto XR, Juvisync, Kombiglyze XR, Nesina, Kazano, Onglyza, Oseni, Tradjenta	Previous use of one of the following generics: metformin, metformin ER, glipizide, glipizide ER, glipizide XL
	GLP-1 agonists: Bydureon, Byetta, Ozempic, Soliqua, Tanzeum, Trulicity, Victoza, Xultophy, Rybelsus	Current or previous use of any of the following products: glipizide, metformin
	SGLT-2 inhibitors: Invokana, Invokamet, Invokamet XR, Farxiga, Jardiance, Segluromet, Steglatro, Synjardy, Xigduo XR	Current or previous use of any of the following products or combinations thereof: metformin, metformin ER, glipizide, glipizide ER

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	SGLT-2 inhibitor / DPP-4 inhibitor combinations: Glyxambi, Qtern, Steglujan, Trijardy XR	Current or previous use of any of the following products: metformin or glipizide then a DPP-4 or an SGLT2
Osteoporosis	Actonel (Brand), Actonel with Calcium, Boniva (Brand), Fosamax Plus D, Atelvia (Brand), Binosto	Previous use of alendronate, ibandronate, risedronate sodium, risedronate sodium delayed-release
MIGRAINE RELIEF		
Triptans	Brand names: Alsuma, Amerge , Axert , Frova , Imitrex, Maxalt, Maxalt MLT, Onzentra, Relpax, Sumavel Dosepro, Treximet, Zembrace, Zomig, Tosymra	Current or previous use of any of the following generic triptans: almotriptan, naratriptan, rizatriptan, rizatriptan ODT, sumatriptan tablet, sumatriptan subcutaneous injection (generic for Imitrex), sumatriptan nasal spray, zolmitriptan, zolmitriptan ODT. **ALL GENERIC TRIPTANS***
OTHER		
Immuno-suppressants	Envarsus XR	immediate-release tacrolimus
Opioid-Induced Constipation	Movantik, Symproic	Concurrent use of any of the following products: immediate-release opioids, extended-release opioids, immediate-release opioid combination products (w/APAP, ASA or IBU)
Hyperkalemia	Lokemla	sodium polystyrene sulfonate
Phosphate Binders	Eliphos, Phoslyra, Auryxia, Fosrenol, Renvela, Renagel, Velphoro	Calcium Acetate, and one of the following: Lanthanum carbonate, Calphron, Sevelamer
Contraceptive patch	Twirla	Xulane
Vaginal Ring	Annovera	Previous use of Nuvaring
PAIN RELIEF		
Anti-inflammatory	Celebrex	Previous use of generic celecoxib
	Arthrotec, Cambia, Flector, Nalfon, Zipsor, Zorvolex	Previous use of generic oral diclofenac potassium or diclofenac sodium
	Tivorbex	Indomethacin IR or Indomethacin ER
	Vivlodex, Qmiiiz ODT	Meloxicam tablet
RESPIRATORY		
COPD	Lonhala	ipratropium inhalation solution, Incruse Ellipta, Spiriva Handihaler, Spiriva Respimat
	Daliresp	Concurrent use of any of the following products: Airduo Respi Inhaler, Serevent, Foradil, Spiriva, Advair (brand and generic), Eixela, Symbicort, Tudorze, Dulera, or an inhaled corticosteroid
	Armonair	previous use of Flovent HFA

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	Yupelri	Screvent, Foradil, Spiriva, Advair, Symbicort, Tudorza, Dulera, or an inhaled corticosteroid
Beta-2 Agonist inhalers	Proventil HFA(brand only), Ventolin HFA(brand only), Xopenex HFA(brand only), Proait Digih	Previous use of one of the following: Proair HFA(brand only), Proair Respiclick(brand only)
TOPICALS		
Acne	Aczone(brand & generic), Acanya, Altreno, Atralin, Avar, Avar I.S, Azelex(brand & generic), Benzaclin, Benzamycin, Clenia Plus, Differin, Duac, Epiduo(brand & generic), Epiduo Forte(brand & generic), Evoclin, Fabior(brand & generic), Finacea(brand & generic), Metrogel, Mirvaso, Neuac, Noritate, Onexton(brand & generic), Retin-A, Retin-a Micro, Riaux(brand & generic), Tazorac, Veltin, Ziana, Benzapro, Benzoyl Peroxide 6.9%, Aklief cream 0.005%, Amzeeq foam 4%, Arazlo Lotion 0.045%, Zilxi foam 1.5%	Previous use of one of the following generics: Adapalene gel/cream, Benzoyl Peroxide, Clindamycin phosphate 1% gel/solution/lotion/foam, Clindamycin/Benzoyl Peroxide 1.2-2.5%, Clindamycin/Benzoyl Peroxide 1.2-5%, Clindamycin/Benzoyl Peroxide 1-5%, Erythromycin 2% gel/solution, Erythromycin/Benzoyl Peroxide gel, Metronidazole cream/gel/lotion, Sulfacetamide/Sulfur, Tretinoin cream/gel
Atopic Dermatitis	Elidel, Protopic, tacrolimus oint, pimecrolimus	Previous use of one of the following topical steroids (medium, high or very high potency): amcinonide, betamethasone dip aug, betamethasone dip, betamethasone valerate, clobetasol propionate, clocortolone pivalate, desoximetasone, diflorasone diacetate, diflorasone diacetate, fluocinonide, fluticasone propionate, fluocinolone acetonide, flurandrenolide, flurandrenolide tape, halcinonide, halobetasol propionate, hydrocortisone valerate, hydrocortisone butyrate, hydrocortisone probutate, mometasone furoate, triamcinolone acetonide crm/oint/lotion, triamcinolone acetonide
Other Dermatologic	Eucrisa	Augmented betamethasone dipropionate; Clobetasol propionate; Diflorasone diacetate; Halobetasol Propionate; Amcinonide; Desoximetasone; Betamethasone; Dipropionate; Fluocinonide; Halog; Mometasone furoate; Triamcinolone; Betamethasone; Valerate; Clocortolone pivalate; Fluocinolone acetonide; Flurandrenolide; Fluticasone propionate; Hydrocortisone butyrate; Hydrocortisone probutate; Hydrocortisone valerate; Prednicarbate; Alclometasone; Dipropionate; Desonide; Hydrocortisone acetate AND Tacrolimus or Elidel
High/Very High Potency Topical Steroids	Apexicon 0.05% oint (brand & generic), Apexicon-E 0.05% cream (brand & generic), Bryhali 0.01% lotion, Clobex 0.05% Spray (brand & generic), Diprolene Aug. 0.05% crm/lot/oint, Diprosone oint 0.05%, Elocon 0.1% oint, Halog 0.1% crm/oint, Impoyz 0.025% cream, Lexette 0.05% foam, Olux 0.05% foam (brand & generic), Olux-E 0.05% foam (brand & generic), Temovate/E 0.05% soln/oint/crm/gel/lot, Topicort spray 0.25%, Ultravate 0.05% lot/crm/oint, Vanos 0.1% crm (brand & generic), Bryhali 0.01% foam, Lexette 0.05% lotion	amcinonide 0.1% crm/lot/oint, betamethasone dip. 0.05% aug crm/lot/oint, betamethasone dip 0.05% oint, clobetasol 0.05% emul crm, clobetasol 0.05% crm/gel/oint/lot/soln/shamp, desoximetasone oint/gel, halobetasol 0.05% crm/oint, fluocinonide 0.05% gel/crm/soln/oint, fluocinonide 0.05% emul crm, mometasone 0.1% oint

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Medium Potency Topical Steroids	Cutivate 0.05% crm/lot, Cutivate 0.005% oint, Elocon 0.1% crm, Kenalog 0.147mg/d spray (brand & generic), Luxiq 0.1% foam (brand & generic), Sernivo 0.05% spray, Synalar 0.025% oint, Trianex 0.05% oint, Topicort 0.25% spray, Topicort 0.05% crm/gel/ointment (brand), Topicort 0.25% crm/ointment	betamethasone dip 0.05% crm/lot, betamethasone valerate 0.1% crm/lot/ointment, desoximetasone 0.05% crm/gel/ointment, desoximetasone 0.25% crm/ointment, fluocinolone acetate 0.025% oint, fluticasone prop 0.05% crm/lot, fluticasone prop 0.005% oint, mometasone 0.1% crm/lot, triamcinolone acetate 0.025%, 0.1%, 0.5% crm/ointment
Low Potency Topical Steroids	Acloivate 0.05% crm, Cloderm 0.1% crm (brand & generic), Capex 0.01% shmp, Cordran 0.05%, 0.025% crm/lot, Cordran 0.05% oint (brand & generic), Cordran 4mcg/dq tape (brand & generic), Dermatotop 0.1% emollient crm/ointment, Derma-Smoothie FS 0.01% body/scalp oil, Desowen 0.05% crm/lot/ointment, Desonate 0.05% gel (brand & generic), Locoid 0.1% crm/lot/ointment/soln (brand & generic), Locoid Lipocream 0.1% crm (brand & generic), Synalar 0.01%, 0.025%, 0.2% soln/cream, Verdeso 0.05% foam (brand & generic)	alclometasone dip 0.05% crm/ointment, betamethasone dip 0.05% lot, desonide 0.05% crm/lot/ointment, fluocinolone acetate 0.01% body/scalp oil, fluocinolone acetate 0.01%, 0.025%, 0.2% soln/cream, flurandrenolide 0.05%, 0.025% crm/lot, hydrocortisone valerate 0.2% crm/ointment, prednicarbate 0.1% crm/ointment, triamcinolone acetate 0.025%, 0.1% lot