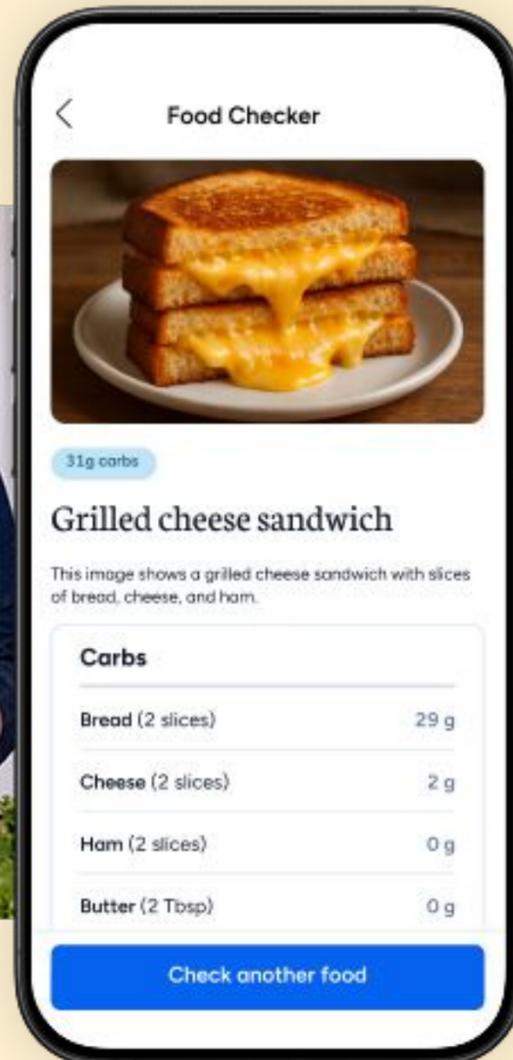


# Discover a personalized path to better health



Mashantucket Pequot  
Tribal Nation



Virta is an online nutrition program—available at no cost\* to you

Lose weight, lower blood sugar, and feel your best with a nutrition program tailored to your lifestyle and goals.

***Powered by science. Backed by technology. Designed for you.***



Explore more about what Virta has to offer today at [go.virta.com/mptn](https://go.virta.com/mptn)

\*Virta is available to individuals over the ages of 18 and are enrolled in a covered health plan. There are some serious medical conditions that would exclude people from Virta.